

Improving health in Southwark

APPENDIX 2

THIS IS HOW WE'LL DO IT

● Tackling neglect & vulnerabilities

Support vulnerable children & young people & ensure positive transition to adulthood

Ensure choice & personalisation for people with disabilities

Independent living for older people in an age friendly borough

● Best start

Ensure best possible start to life for children, young people & families

● Prevention

Promote positive lifestyle changes & responsibility for own health: tobacco control & smoking; healthy weight; physical activity, alcohol, sexual health & HIV

Improve people's wellbeing, resilience & connectedness

● Wider socio-economic determinants

Maximise opportunities for economic wellbeing, development, jobs & apprenticeships

Make homes safe, warm & dry

● Integration for better health & wellbeing outcomes

A more joined up service that is personalised

Shift away from over reliance on acute care towards primary care & self care

● Long term health conditions

Improve detection & management of common health conditions including self management & support